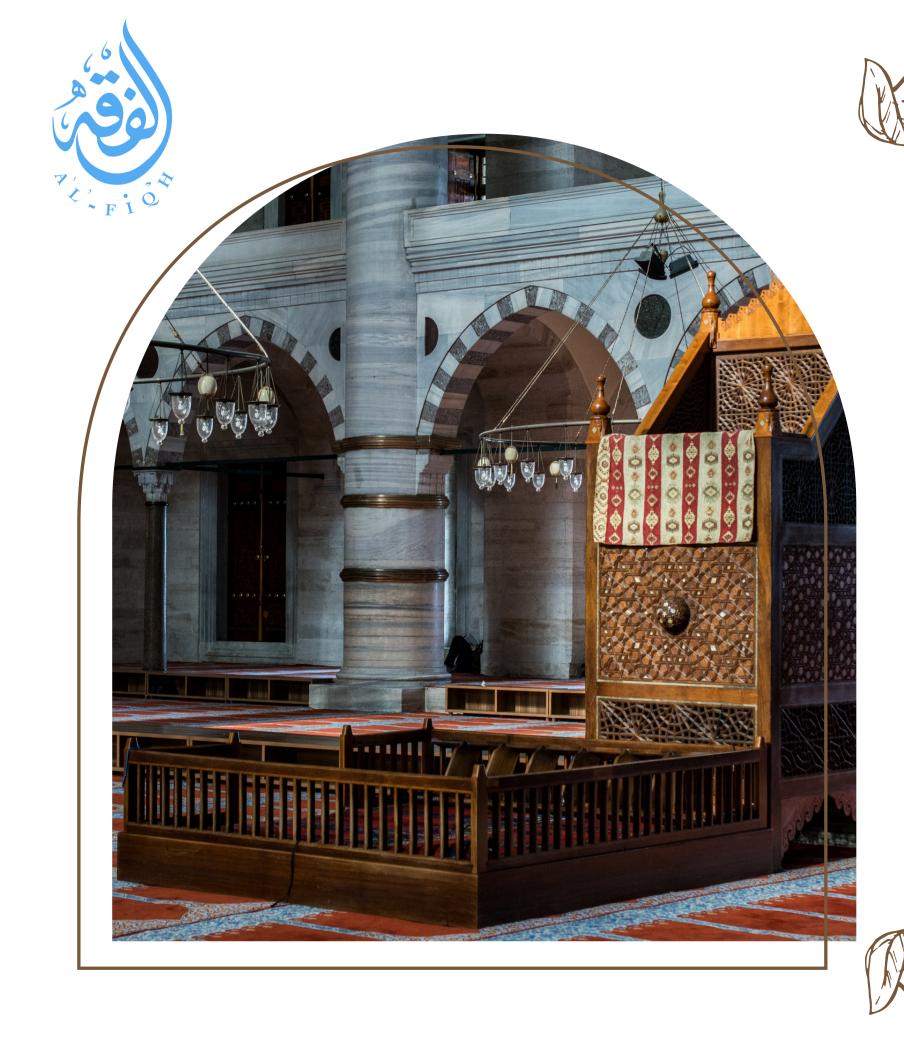


Food & Drink

Friday sermons









Introduction

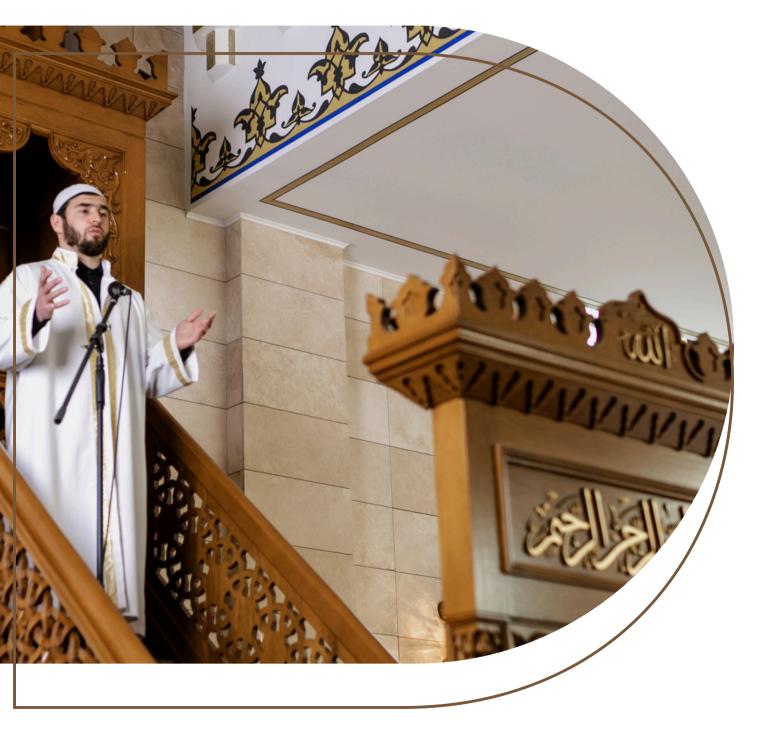


Praise and Gratitude "All praise is due to Allah, the Lord of all worlds. We praise Him, seek His help, and ask for His forgiveness. We seek refuge in Allah from the evils of our own souls and from our wicked deeds. Whomsoever Allah guides cannot be led astray, and whomsoever Allah leaves astray, no one can guide." Prayer upon the Prophet (PBUH) "May peace and blessings be upon our beloved Prophet Muhammad, his family, his companions, and all those who follow him until the Day of Judgment."





Main Theme



Today, dear brothers and sisters, we will discuss the permissibility of using medicines containing alcohol. This is a common issue that many of us might encounter, especially in modern times where medications often include various ingredients.







Key Points and Islamic Perspective



The Issue There are many medicines that contain alcohol in varying proportions. These are often used for treating colds, coughs, upper respiratory infections, and other common diseases. The question arises: should Muslims take such medicines if alcohol-free alternatives are hard to come by?









Islamic Ruling Islamic scholars, including the Islamic Fiqh Council, have provided guidance on this matter:

- Transformation of Alcohol: If the alcohol has been transformed and has no intoxicating effect, it is permissible to use.
- Necessity and Prescription: If the medicine contains a significant amount of alcohol, it should only be used when no alternative is available and it must be prescribed by a competent, trustworthy doctor.





Guidelines for Use



- Small Quantities: Medicines with minimal alcohol content that is essential for their formulation are generally permissible.
- External Use: Using alcohol in creams, ointments, and as a disinfectant for wounds is also permissible.

Encouragement for Alternatives Scholars urge pharmaceutical companies and medical professionals to minimize the use of alcohol in medicines and seek alternative ingredients whenever possible.









Evidence and Justification The permissibility is based on the principle that transformation nullifies the impure nature of alcohol, making it lawful. This principle is supported by analogies found in Islamic jurisprudence, such as the transformation of wine into vinegar, which then becomes permissible to consume.







Application and Reflection



Personal and Community Reflection Reflect on how we use medications in our lives. Are we aware of the ingredients? Do we consult knowledgeable individuals when in doubt? As a community, we should support each other in seeking halal alternatives.

Contemporary Relevance In today's world, medications often contain various ingredients, and it's crucial for us to stay informed. This issue becomes more relevant as we strive to balance health needs with religious obligations.

Practical Advice

Actionable Steps

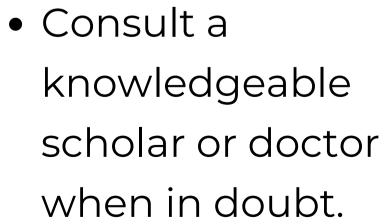
 Always check the ingredients of medications.



knowledgeable when in doubt.



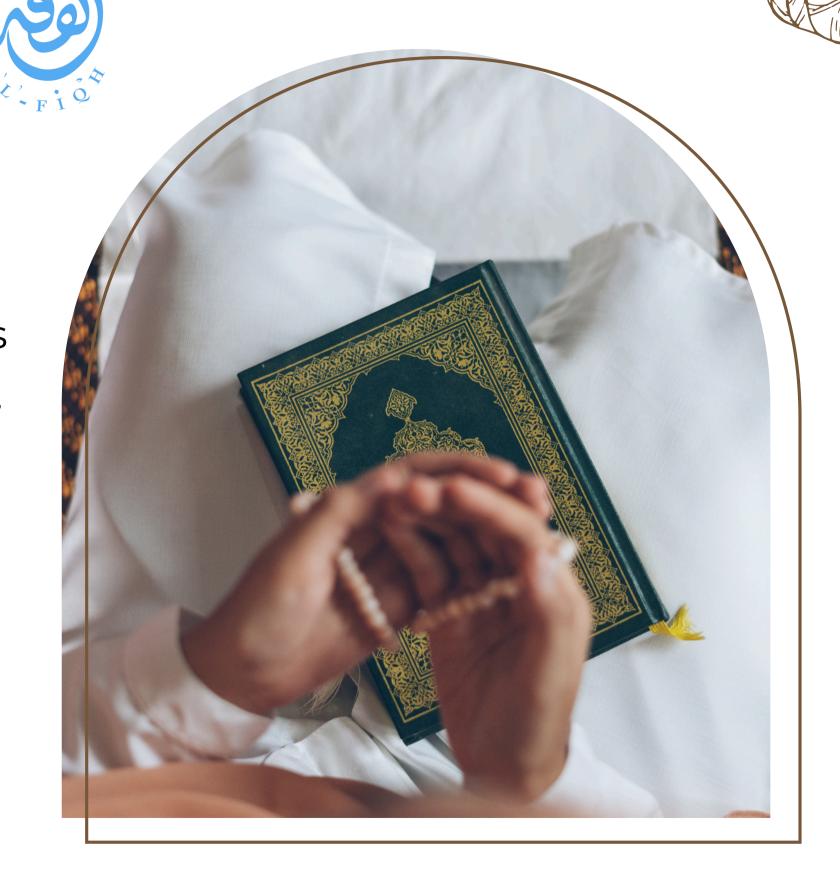
medicines.







Encouragement towards Good Remember, every effort to maintain our religious principles is rewarded by Allah. The Prophet (PBUH) said, "Whoever relieves a believer's distress of the distressful aspects of this world, Allah will rescue him from a difficulty of the difficulties of the Hereafter" (Muslim).

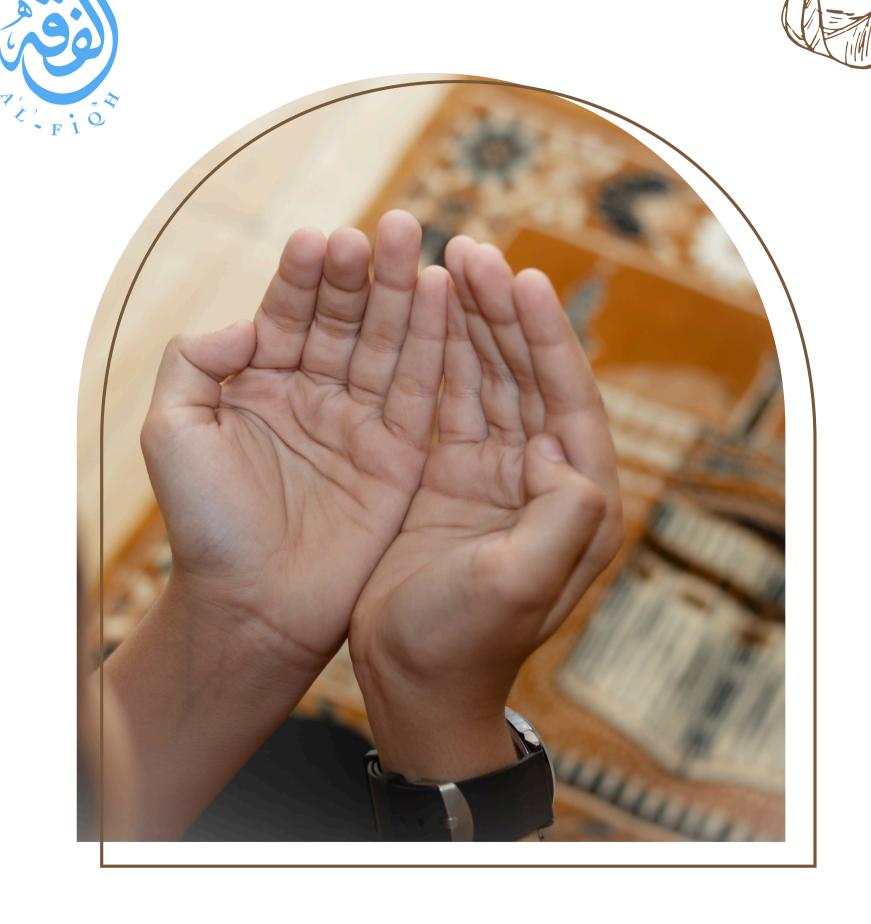




Conclusion

Du'a

"Oh Allah, guide us to the straight path.
Help us to act on the knowledge we have gained today. Forgive our shortcomings and grant us the strength to help and support each other. Ameen."





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Reminders

"Brothers and sisters, let us strive to maintain unity among us, continuously seek knowledge, and always support each other. These actions will not only strengthen our community but also bring us closer to Allah."







Introduction



Praise and Gratitude "All praise is due to Allah, the Lord of all worlds. We praise Him, seek His help, and ask for His forgiveness. We seek refuge in Allah from the evils of our own souls and from our wicked deeds. Whomsoever Allah guides cannot be led astray, and whomsoever Allah leaves astray, no one can guide." Prayer upon the Prophet (PBUH) "May peace and blessings be upon our beloved Prophet Muhammad, his family, his companions, and all those who follow him until the Day of Judgment."



Main Theme



Today, dear brothers and sisters, we will address the issue of using yeast and gelatine derived from pigs, which is a concern for many Muslims due to the prohibition of consuming pork and its by-products.





Key Points and Islamic Perspective

The Issue Yeast and gelatine are common ingredients in many foods and medicines. However, when derived from swine, their use becomes a significant concern for Muslims.







Islamic Ruling The general consensus among Islamic scholars, including the International Islamic Fiqh Academy and the Permanent Committee for Research and Fatwa, is that it is not permissible to use yeast and gelatine extracted from pigs.

The key points are:

- Source of Ingredients: Gelatine must be sourced from animals that are permissible to eat and slaughtered according to Islamic law.
- Substitutes: There are vegetarian and halal-certified alternatives available, and Muslims are encouraged to opt for these whenever possible.





Evidence from Islamic Texts The Qur'an explicitly prohibits the consumption of swine: "Forbidden to you are carrion, blood, the flesh of swine..." (Qur'an 5:3). This prohibition extends to all by-products derived from pigs, including yeast and gelatine.

Call to Action for Muslim Countries and Companies Islamic scholars urge companies in Muslim-majority countries to refrain from importing and using ingredients derived from pigs. They advocate for the production and distribution of halal-certified products to cater to the dietary needs of Muslims.



Application and Reflection



Personal and Community Reflection Consider how we source our food and medicines. Are we diligent in avoiding forbidden substances? As a community, we should advocate for halal-certified products and support each other in maintaining halal dietary practices.

Contemporary Relevance In a globalized world, the presence of forbidden substances in everyday products is a challenge. We must be vigilant and proactive in ensuring our consumption aligns with Islamic principles.



Practical Advice

Actionable Steps

 Check labels for ingredients.

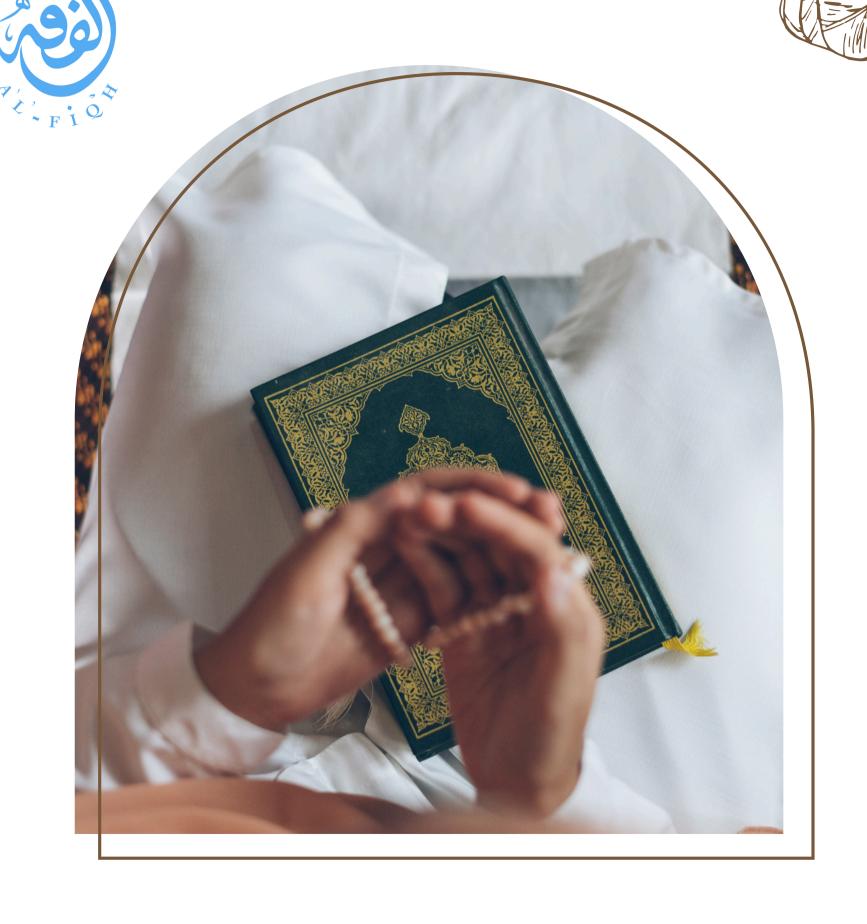


 Advocate for the availability of halal alternatives in your community.





Encouragement towards Good
Remember, avoiding what is forbidden for
the sake of Allah brings great rewards. The
Prophet (PBUH) said, "Whoever gives up
something for the sake of Allah, He will
replace it with something better" (Ahmad).

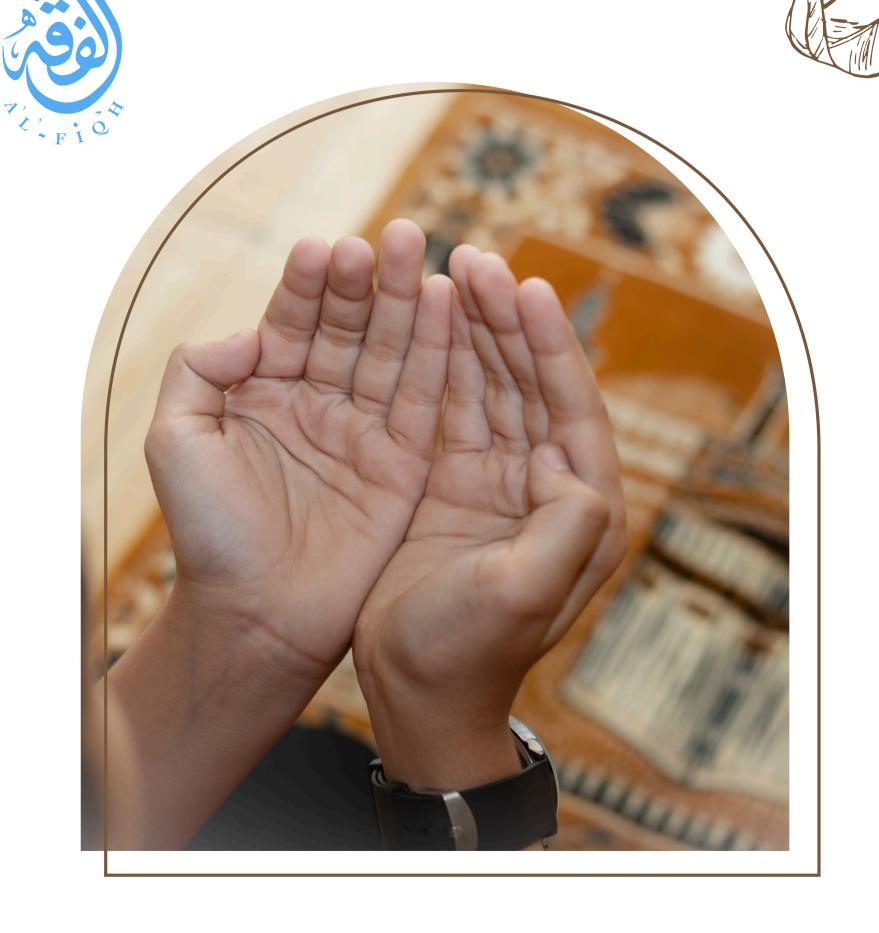




Conclusion

Du'a

"Oh Allah, guide us to the straight path. Help us to avoid what is forbidden and grant us halal and pure sustenance. Forgive our shortcomings and grant us the strength to help and support each other. Ameen."



Reminders

"Brothers and sisters, let us strive to maintain unity among us, continuously seek knowledge, and always support each other. These actions will not only strengthen our community but also bring us closer to Allah."









Introduction



Praise and Gratitude "All praise is due to Allah, the Lord of all worlds. We praise Him, seek His help, and ask for His forgiveness. We seek refuge in Allah from the evils of our own souls and from our wicked deeds. Whomsoever Allah guides cannot be led astray, and whomsoever Allah leaves astray, no one can guide." Prayer upon the Prophet (PBUH) "May peace and blessings be upon our beloved Prophet Muhammad, his family, his companions, and all those who follow him until the Day of Judgment."





Main Theme



Today, dear brothers and sisters, we will discuss the permissibility of eating in restaurants that serve forbidden foodstuff, such as pork and alcohol. This is a common dilemma for Muslims living in non-Muslim countries.







Key Points and Islamic Perspective



The Issue Muslims living in non-Muslim countries frequently encounter restaurants that serve pork and alcohol. The dilemma is whether it is permissible to eat in such establishments while avoiding the forbidden items.







Islamic Ruling The general ruling, as endorsed by the Permanent Committee for Research and Fatwa, is that it is not permissible to eat in restaurants that serve forbidden foodstuff if alternatives are available.

The key points are:

- Avoiding Sinful Acts: Eating in such places can indirectly support the promotion of forbidden items, which Islam prohibits.
- Necessity and Hardship: If no alternative is available, it is permissible to eat in these restaurants, provided Muslims avoid consuming forbidden items.





Evidence and Justification Islamic teachings emphasize avoiding participation in and support of sinful acts. God commands: "Do not help one another in furthering evil and aggression." (Qur'an 5:2). However, in situations of necessity, Islamic law allows for flexibility: "He has laid no hardship on you in [anything that pertains to] religion." (Qur'an 22:78).







Application and Reflection



Personal and Community Reflection Reflect on our dining choices. Are we mindful of the environment and food we consume? As a community, we should promote halal dining options and support establishments that cater to our dietary needs.

Contemporary Relevance With the abundance of dining options, we must be cautious about where we eat. This issue is especially relevant in non-Muslim countries where halal options might be limited.



Fig.

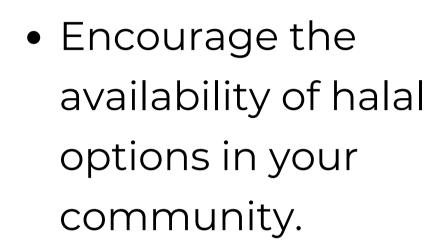
Practical Advice

Actionable Steps

 Seek out halalcertified restaurants.



 If necessary, inquire about food preparation methods.







Encouragement towards Good Every effort to adhere to halal dining is rewarded by Allah. The Prophet







Thank You







